



# Costs Are Going to Skyrocket for New Yorkers if Congress Fails to Extend the Health Care Tax Credits

October 2025

Enhanced premium tax credits created under the Affordable Care Act are set to expire at the end of this year, causing premiums to soar. Low- and moderate-income individuals will face significant sticker shock if Congress fails to extend the health care tax credits that have made comprehensive, high-quality coverage affordable in the individual market.

Nationally, more than 20 million Americans will face higher insurance premiums next year. According to a new [KFF analysis](#), premiums will more than double on average for ACA enrollees if the tax credits are not renewed.

In New York, state officials have been warning for months that the loss of the enhanced premium tax credits is expected to result in higher premiums for more than 200,000 individuals if they are allowed to expire at the end of 2025. A recent HPA [issue brief](#) provides background on the tax credits and what the loss of this assistance means for New Yorkers.

## The Impact on New Yorkers

According to the NY State of Health, the loss of the American Rescue Plan's enhanced premium tax credits is projected to increase premiums on average 38% for 140,000 New Yorkers who receive them. Additionally, state estimates project that the loss of the tax credits will increase rates by at least 5% for 100,000 individuals who purchase coverage in the individual market but do not qualify for them. This equates to an increase in cost of \$114 per month for an individual and \$228 per month for a couple. The chart below summarizes the expected premium increases across the state:

Region	Average Monthly \$ Increase for a Couple	Average Monthly % Increase for a Couple
New York City	\$211	38%
Mid-Hudson	\$206	31%
Long Island	\$219	32%
Capital Region	\$231	33%
Western New York	\$267	38%
Central New York	\$256	43%
Finger Lakes	\$248	42%
Mohawk Valley	\$270	49%
Southern Tier	\$265	48%
North Country	\$253	44%
<b>Statewide</b>	<b>\$228</b>	<b>38%</b>

## We urge Congress to Extend the Premium Tax Credits to Provide Relief to Consumers

Congress can mitigate these increases by extending the tax credits and providing support to individuals and families who would otherwise struggle to afford the high cost of health care.